



Triangle Down Syndrome Network

Support  Educate  Connect

Our Mission

To empower, connect and support parents of children with Down syndrome and their families and the community.

Our Vision

The vision of the Triangle Down Syndrome Network is to be an effective and comprehensive resource on Down syndrome in the Triangle region and throughout North Carolina. We envision a community where all people with Down syndrome can achieve their full potential and where individuals with Down syndrome and their families are welcomed with fairness, enthusiasm, and encouragement in the community.

Each year, TDSN works to strength and expand our services we provide to our families and individuals who need it the most. **Our services can be divided into 4 core areas:**

Family Support	Training & Education	Social Opportunities	Outreach
New & Expectant Family Support	Educational Workshops & Seminars	Mom's Night Out	Healthcare Outreach
Newcomer Support	Specialized Educational Series	Babies & Tots Play Dates	Educators Outreach
Parent Connections Program	Conferences	Annual Family Picnic	Advocacy
Support & Resource Groups	iCan Bike Camp	Buddy Walk	Down Syndrome 101
Resource Referral Support		Pics with Santa	Spanish Outreach
		Fall Harvest Dance	

The **Triangle Down Syndrome Network** is a 501(c) 3 charitable organization and contributions are fully tax-deductible. TDSN depends solely on donation and fundraisers to provide programs and services and meet operational costs. It is only through the generosity of many individuals, corporations and grants that TDSN is able to provide quality program and services for individuals with Down syndrome and their families in all the areas we serve.

Over 100% of funds raised at TDSN's fundraising events go directly to our mission of serving the Triangle and Eastern NC families. Your dollars allow families to gain essential resources as they support their loved one with Down syndrome from birth through adulthood.