The Rio Grande Down Syndrome Network is a nonprofit organization whose mission is to empower individuals with Down syndrome and their families through advocacy, education and support. We are a collaborative network which seeks to create awareness, assure inclusion, and promote independence in individuals with Down Syndrome.
The Rio Grande Down Syndrome Network (RGDSN) was formed by a group of parents and families with children who have Down syndrome. Since incorporating as a non-profit organization in 2009, members have come together to provide information, support, and activities for one another. From organizing playdates and large group gatherings to coordinating fundraising events, all activities are volunteer-driven.

RGDSNs Board of Directors would like to increase educational opportunities for our members, update our printed material to improve our communication with members who do not have Internet access and strengthen relationships with partnering organizations like the Arc of New Mexico, Parents Reaching Out and New Mexico Special Olympics.

Our longterm goals include a dedicated staff member, increased activity on a statewide level and summer therapy programs.

RGDSN believes that a strong support system can improve the options and opportunities available to people with Down syndrome.

We currently offer:

- Free Membership
- Advocacy Support
- Monthly E-Newsletters
- Family Networking Opportunities
- Conference Stipends
- New Parent Welcome Baskets

Whether you are a parent, caregiver, family member or self-advocate, you are not alone. There are wonderful people in our network who will offer friendship, information and support.

Join us at one of our upcoming activities or sign up for our newsletter.

For more information about Programs Volunteering Sponsorship Opportunities Donating
Visit us at www.rgdsn.org

Contact us:
Facebook: Rio Grande Down Syndrome Network Phone: (505) 382-5061 Email: info@rgdsn.org