



DOWN SYNDROME ASSOCIATION of CONNECTICUT

Down Syndrome Association of Connecticut's Step Up for Down Syndrome Walk

**Saturday,
October 2, 2021**

Options for everyone: **Virtual** or **In-Person** at the New Britain Bees Stadium

WHAT WE DO - AND WHY YOUR SUPPORT MATTERS

Since it was established in 1986, the Down Syndrome Association of Connecticut has been an organization made up of people of all ages with Down syndrome, parents of children with Down syndrome, professionals and health care providers - all working together to ensure that all individuals in our community living with Down syndrome have every opportunity to achieve their full individual potential.

EXPECTANT/NEW PARENT SUPPORT:

- First Call can provide newborn visits
- First Call sends New Parent Welcome Packages
- Referral assistance to families

RESOURCE GROUPS:

- Siblings First Call provides support to siblings
- County Family Support Groups

AWARENESS:

- DS ACT and Step Up for Down Syndrome Walk websites
- Member Newsletters
- E-blasts on DS ACT activities and county events
- Activity on Social Media
- World Down Syndrome Day activities in March
- Book Donation Program

LEGISLATIVE ADVOCACY:

- Expertise on disability legislation advocacy through petitions, letter writing and testimony

GRANTS AND SCHOLARSHIPS:

- Mini-Grants
- Camp Grants
- Financial Assistance Grants

SOCIAL EVENTS:

- Spring Fling
- Summer Picnic
- Halloween Party
- Holiday Party
- Playgroups
- Group Music Therapy

EDUCATION:

- Medical Outreach
- Learning and Education Center
- School Consultations
- Advocacy Avengers - A Bi-Monthly program for people with Down syndrome ages 16+
- Annual Conference
- Workshops for Parents
- Books, brochures and other materials