



Team Captain Essentials

3 Steps for Success

1. Create your team! Register at www.ds-stride.org/tucsonbuddywalk and create your team! Make sure to upload a picture of your loved one to make it personal and easier for friends and family to find you.
2. Share your Team Page with friends, family and coworkers via social media, email & text. The more that register, the more likely you are to raise funds and spread awareness across the globe!
3. Host fundraisers for your team! There are awards for hitting financial milestones with your team.

Important Reminders

1. Team captains **MUST** pick up their Team's t-shirts on the pickup date.
2. The free t-shirt for our individuals with Down syndrome is intended for that individual only, not the entire family or team.
3. While parents may register their household, you are not permitted to complete the registration for other adults. Each adult & household must complete their own registration as it contains waivers for the event that you may not sign for them. Mass adding of registrations by one individual will result in disqualification from incentives and those individuals will then be required to complete a paper registration and waiver at the event.
4. The top 5 teams will be assigned a time to have their team photo taken at the SANDS backdrop prior to the beginning of the walk.
5. **STAY INFORMED!** Up to date information is shared via the SANDS Team Captain FB Group and emails.

Important Dates

Aug 1 – Launch of Buddy Walk Registration

Aug 1 -14 – Early Bird Registration! Discounted Buddy Walk T-shirts end at 11:59 pm on the 14th.

October 11 – Deadline to order Buddy Walk shirt online at 11:59 pm.

October 18 – Poster submission deadline at 11:59 pm.

Weekend of October 26 – Team Captain T-shirt pick up. Exact day (Sat or Sun), time, and location TBD.

November 1 – Online Registration deadline. Team placement and incentive determined at midnight!

November 3 – 2019 Tucson Buddy Walk. Reid Park Demeester Outdoor Performance Center 12pm-4pm.