Buddy Walk 101 – Walk Day

1. Where do I park?

- a. Fastest place to find a spot is in the Aksarben Parking Garage on 6464 Marinda St, Omaha, NE 68106.
- b. Street parking in Aksarben Village will be first come, first serve.

2. What should I do when we first arrive at the park?

a. Head over to the Registration table to check-in. You will also receive any items you ordered: shirts, lunch tickets and buttons!

3. What is the schedule of events?

a. Find it online here https://www.ds-stride.org/omahabuddywalk/Walk-Day-Information

4. Someone on my team can't come until 11am, is that ok?

a. They will miss out on extra fun, but YES they can come at any time.

5. How long is the walk?

a. It is less than a mile and usually takes about 20 minutes. It is a relaxed walk where you get to enjoy showing your support for loved ones with Down syndrome. Grab all your friends and family and get walking!

6. What can our kids do from 9am-12?

- a. Pumpkin decorating
- b. Face painting
- c. Bounce house
- d. Carnival games
- e. Search for mascots
- f. Fun pictures in the photo booth
- g. Dancing and more!

7. What else will be happening from 9am-12 for parents and friends?

- a. Community tables
- b. Advocacy tent
- c. Grands tent MOMS tent DADS tent
- d. Dancing!

8. Can I bring drinks/snacks into the park?

- a. You can! Bring along a cooler for drinks and snacks for the kids! We all understand that kids need snacks every 5 minutes. NO ALCOHOLIC BEVERAGES
- b. And remember to let DADS cook you lunch by purchasing lunch tickets. It's only \$2!! Tables and chairs will be set up for lunch

Stay for lunch!

